

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

## Jacob LIPARI

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:23:04

1.5KM SWIM SPLIT

01:05:12

40KM BIKE SPLIT

00:44:55

10KM RUN SPLIT

02:16:13

OVERALL TIME

Open

CATEGORY

6

CATEGORY PLACING

77

OVERALL PLACING