

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Cheyne LOWDER

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:22:10

1.5KM SWIM SPLIT

01:03:03

40KM BIKE SPLIT

00:45:11

10KM RUN SPLIT

02:14:05

OVERALL TIME

40-44

CATEGORY

8

CATEGORY PLACING

66

OVERALL PLACING