

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

## David MCEWAN

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:24:53

1.5KM SWIM SPLIT

01:07:38

40KM BIKE SPLIT

00:38:55

10KM RUN SPLIT

02:17:10

OVERALL TIME

65-69

CATEGORY

1

CATEGORY PLACING

81

OVERALL PLACING