

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Adrian MELO

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

1.5KM SWIM SPLIT

40KM BIKE SPLIT

10KM RUN SPLIT

OVERALL TIME

35-39

CATEGORY

CATEGORY PLACING

OVERALL PLACING