

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

## Teimana MOHI

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:24:07

1.5KM SWIM SPLIT

01:04:53

40KM BIKE SPLIT

00:46:23

10KM RUN SPLIT

02:21:29

OVERALL TIME

35-39

CATEGORY

19

CATEGORY PLACING

116

OVERALL PLACING