

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Robert O'CONNOR

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:24:55

1.5KM SWIM SPLIT

01:04:47

40KM BIKE SPLIT

00:46:26

10KM RUN SPLIT

02:22:06

OVERALL TIME

35-39

CATEGORY

20

CATEGORY PLACING

120

OVERALL PLACING