

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Paul PASSMAN

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:24:03

1.5KM SWIM SPLIT

01:03:14

40KM BIKE SPLIT

00:46:07

10KM RUN SPLIT

02:18:25

OVERALL TIME

45-49

CATEGORY

8

CATEGORY PLACING

90

OVERALL PLACING