

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Jordan SHEAD

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:23:57

1.5KM SWIM SPLIT

01:11:01

40KM BIKE SPLIT

00:48:15

10KM RUN SPLIT

02:30:18

OVERALL TIME

35-39

CATEGORY

28

CATEGORY PLACING

189

OVERALL PLACING