

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

Jonathan BOYD

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:29:33

1.5KM SWIM SPLIT

01:23:30

40KM BIKE SPLIT

00:48:52

10KM RUN SPLIT

02:50:44

OVERALL TIME

50-54

CATEGORY

22

CATEGORY PLACING

376

OVERALL PLACING