

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Keith TUYNMAN

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:22:21

1.5KM SWIM SPLIT

01:10:06

40KM BIKE SPLIT

00:45:43

10KM RUN SPLIT

02:23:24

OVERALL TIME

55-59

CATEGORY

4

CATEGORY PLACING

126

OVERALL PLACING