

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Alex WILLIAMS

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:20:10

1.5KM SWIM SPLIT

01:08:23

40KM BIKE SPLIT

00:43:57

10KM RUN SPLIT

02:16:51

OVERALL TIME

Open

CATEGORY

7

CATEGORY PLACING

78

OVERALL PLACING