

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

## Tadgh WILLIAMS

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:24:31

1.5KM SWIM SPLIT

01:05:38

40KM BIKE SPLIT

00:40:33

10KM RUN SPLIT

02:14:16

OVERALL TIME

20-24

CATEGORY

5

CATEGORY PLACING

69

OVERALL PLACING