

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

## William WOOLFE

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:25:45

1.5KM SWIM SPLIT

01:08:42

40KM BIKE SPLIT

00:45:38

10KM RUN SPLIT

02:24:00

OVERALL TIME

20-24

CATEGORY

8

CATEGORY PLACING

138

OVERALL PLACING