

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Jonathan YARAD

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:27:45

1.5KM SWIM SPLIT

01:12:21

40KM BIKE SPLIT

00:51:21

10KM RUN SPLIT

02:36:52

OVERALL TIME

50-54

CATEGORY

15

CATEGORY PLACING

263

OVERALL PLACING