

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

## Harry Wigney

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:28:38

1.5KM SWIM SPLIT

01:13:57

40KM BIKE SPLIT

00:47:15

10KM RUN SPLIT

02:35:51

OVERALL TIME

25-29

CATEGORY

34

CATEGORY PLACING

247

OVERALL PLACING