

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

## Adam BYE

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:24:17

1.5KM SWIM SPLIT

01:09:46

40KM BIKE SPLIT

00:48:47

10KM RUN SPLIT

02:27:10

OVERALL TIME

35-39

CATEGORY

25

CATEGORY PLACING

165

OVERALL PLACING