

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Joanna BANKS

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:30:34

1.5KM SWIM SPLIT

01:44:38

40KM BIKE SPLIT

01:17:05

10KM RUN SPLIT

03:40:14

OVERALL TIME

55-59

CATEGORY

3

CATEGORY PLACING

500

OVERALL PLACING