

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

## Francesca BIGGS

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:31:42

1.5KM SWIM SPLIT

01:18:56

40KM BIKE SPLIT

00:53:15

10KM RUN SPLIT

02:49:33

OVERALL TIME

Open

CATEGORY

5

CATEGORY PLACING

369

OVERALL PLACING