

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Sinead DALY

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:28:56

1.5KM SWIM SPLIT

01:25:15

40KM BIKE SPLIT

00:50:42

10KM RUN SPLIT

02:50:21

OVERALL TIME

25-29

CATEGORY

12

CATEGORY PLACING

373

OVERALL PLACING