

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

## Jenny FISHER

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:24:21

1.5KM SWIM SPLIT

01:16:30

40KM BIKE SPLIT

00:52:48

10KM RUN SPLIT

02:38:52

OVERALL TIME

40-44

CATEGORY

3

CATEGORY PLACING

288

OVERALL PLACING