

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Emily LILLEY

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:30:42

1.5KM SWIM SPLIT

01:31:09

40KM BIKE SPLIT

00:52:41

10KM RUN SPLIT

03:02:14

OVERALL TIME

15-19

CATEGORY

2

CATEGORY PLACING

439

OVERALL PLACING