

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Renee NICHOLSON

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:25:42

1.5KM SWIM SPLIT

01:20:49

40KM BIKE SPLIT

00:47:43

10KM RUN SPLIT

02:40:39

OVERALL TIME

30-34

CATEGORY

7

CATEGORY PLACING

304

OVERALL PLACING