

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

## Georgie O'HARE

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:22:32

1.5KM SWIM SPLIT

01:23:10

40KM BIKE SPLIT

00:56:05

10KM RUN SPLIT

02:46:36

OVERALL TIME

25-29

CATEGORY

9

CATEGORY PLACING

349

OVERALL PLACING