

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

## Aimy PAPOULIAS

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:26:54

1.5KM SWIM SPLIT

01:21:12

40KM BIKE SPLIT

00:58:18

10KM RUN SPLIT

02:52:20

OVERALL TIME

40-44

CATEGORY

5

CATEGORY PLACING

386

OVERALL PLACING