

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

Leah SMITH

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:26:09

1.5KM SWIM SPLIT

01:17:41

40KM BIKE SPLIT

00:53:35

10KM RUN SPLIT

02:43:43

OVERALL TIME

50-54

CATEGORY

7

CATEGORY PLACING

331

OVERALL PLACING