

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

## Kate WIGHTON

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:25:33

1.5KM SWIM SPLIT

01:22:24

40KM BIKE SPLIT

00:58:01

10KM RUN SPLIT

02:52:14

OVERALL TIME

25-29

CATEGORY

15

CATEGORY PLACING

384

OVERALL PLACING