

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

**Daniel COPPEL**

**FOR COMPLETING THE STANDARD DISTANCE TRIATHLON**

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:24:26

1.5KM SWIM SPLIT

01:08:15

40KM BIKE SPLIT

00:50:04

10KM RUN SPLIT

02:26:54

OVERALL TIME

25-29

CATEGORY

21

CATEGORY PLACING

163

OVERALL PLACING