

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

## David CRADDOCK

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:31:00

1.5KM SWIM SPLIT

01:21:13

40KM BIKE SPLIT

00:59:06

10KM RUN SPLIT

02:57:59

OVERALL TIME

35-39

CATEGORY

62

CATEGORY PLACING

423

OVERALL PLACING