

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Oliver ASHWORTH

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:22:54

1.5KM SWIM SPLIT

01:01:49

40KM BIKE SPLIT

00:45:38

10KM RUN SPLIT

02:14:13

OVERALL TIME

40-44

CATEGORY

10

CATEGORY PLACING

68

OVERALL PLACING