

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

TEAM FILOZ GWAPINGS

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:27:19

1.5KM SWIM SPLIT

01:10:31

40KM BIKE SPLIT

00:54:05

10KM RUN SPLIT

02:34:57

OVERALL TIME

Relay

CATEGORY

12

CATEGORY PLACING

15

OVERALL PLACING