

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

TEAM The Polymorphs

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:24:00

1.5KM SWIM SPLIT

01:35:22

40KM BIKE SPLIT

00:58:32

10KM RUN SPLIT

03:00:38

OVERALL TIME

Relay

CATEGORY

7

CATEGORY PLACING

27

OVERALL PLACING