

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

TEAM Ibrakole

FOR COMPLETING THE STANDARD DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:22:52

1.5KM SWIM SPLIT

01:18:50

40KM BIKE SPLIT

01:11:31

10KM RUN SPLIT

02:57:41

OVERALL TIME

Relay

CATEGORY

18

CATEGORY PLACING

25

OVERALL PLACING