

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

## Carlos AGUILERA

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:11:11

750M SWIM SPLIT

00:52:50

20KM BIKE SPLIT

00:25:15

5KM RUN SPLIT

01:34:34

OVERALL TIME

20-24

CATEGORY

32

CATEGORY PLACING

444

OVERALL PLACING