

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Jerome BARDOEL

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:14:37

750M SWIM SPLIT

00:34:40

20KM BIKE SPLIT

00:23:24

5KM RUN SPLIT

01:17:42

OVERALL TIME

25-29

CATEGORY

15

CATEGORY PLACING

117

OVERALL PLACING