

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

## Paul BERGER

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:18:52

750M SWIM SPLIT

00:44:37

20KM BIKE SPLIT

00:31:37

5KM RUN SPLIT

01:44:06

OVERALL TIME

60-64

CATEGORY

11

CATEGORY PLACING

547

OVERALL PLACING