

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

## Kane EVERETT

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:11:34

750M SWIM SPLIT

00:42:53

20KM BIKE SPLIT

00:24:12

5KM RUN SPLIT

01:26:26

OVERALL TIME

Clydesdale

CATEGORY

3

CATEGORY PLACING

280

OVERALL PLACING