

2023 FINISHER

CONGRATULATIONS!

Joshua FRANGOS

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:11:11	00:35:53	00:25:08	01:16:42
750M SWIM SPLIT	20KM BIKE SPLIT	5KM RUN SPLIT	OVERALL TIME

35-39 15 106

CATEGORY CATEGORY PLACING OVERALL PLACING













