

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

Andrew HEATH

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:13:52

750M SWIM SPLIT

00:33:53

20KM BIKE SPLIT

00:19:57

5KM RUN SPLIT

01:11:57

OVERALL TIME

30-34

CATEGORY

15

CATEGORY PLACING

50

OVERALL PLACING