

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Simon HORAN

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:11:20

750M SWIM SPLIT

00:33:03

20KM BIKE SPLIT

00:19:21

5KM RUN SPLIT

01:08:13

OVERALL TIME

35-39

CATEGORY

3

CATEGORY PLACING

21

OVERALL PLACING