

2023 FINISHER

CONGRATULATIONS!

Richard JONES

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

| 00:1 | 11:21 | 00:34:23 | 00:21:47 | | 01:11:45 | |
|----------|-----------|-----------------|---------------|--------|--------------|--|
| 750M S\ | WIM SPLIT | 20KM BIKE SPLIT | 5KM RUN SPLIT | | OVERALL TIME | |
| | | | | | | |
| | 55-59 | | 3 | | 48 | |
| CATEGORY | | CAT | EGORY PLACING | OVERAL | L PLACING | |













