

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Tom LATCHFORD

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:15:13

750M SWIM SPLIT

00:39:03

20KM BIKE SPLIT

00:20:13

5KM RUN SPLIT

01:19:09

OVERALL TIME

20-24

CATEGORY

9

CATEGORY PLACING

136

OVERALL PLACING