

# CONGRATULATIONS!

James LLOYD

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:13:14

750M SWIM SPLIT

00:33:31

20KM BIKE SPLIT

00:21:12

5KM RUN SPLIT

01:12:51

OVERALL TIME

35-39

CATEGORY

7

CATEGORY PLACING

59

OVERALL PLACING