

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

David MCEWAN

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:12:58

750M SWIM SPLIT

00:34:40

20KM BIKE SPLIT

00:19:29

5KM RUN SPLIT

01:12:26

OVERALL TIME

65-69

CATEGORY

2

CATEGORY PLACING

55

OVERALL PLACING