

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Greg MCKAY

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:13:45

750M SWIM SPLIT

00:41:37

20KM BIKE SPLIT

00:31:20

5KM RUN SPLIT

01:34:07

OVERALL TIME

55-59

CATEGORY

13

CATEGORY PLACING

430

OVERALL PLACING