

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Trevor MURPHY

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:13:38

750M SWIM SPLIT

00:33:59

20KM BIKE SPLIT

00:23:03

5KM RUN SPLIT

01:17:59

OVERALL TIME

PC

CATEGORY

1

CATEGORY PLACING

122

OVERALL PLACING