

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Benjamin NORTH

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:10:21

750M SWIM SPLIT

00:32:50

20KM BIKE SPLIT

00:17:37

5KM RUN SPLIT

01:04:32

OVERALL TIME

20-24

CATEGORY

2

CATEGORY PLACING

8

OVERALL PLACING