

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Stephen PHIPPS

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:13:17

750M SWIM SPLIT

00:36:46

20KM BIKE SPLIT

00:29:03

5KM RUN SPLIT

01:26:15

OVERALL TIME

60-64

CATEGORY

7

CATEGORY PLACING

271

OVERALL PLACING