

# TRI THE GONG

SWIM. BIKE. RUN.

## 2023 FINISHER

# CONGRATULATIONS!

## Mark STEVENS

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

*As part of the Wollongong Triathlon Festival 23<sup>rd</sup> April 2023*

00:10:28

750M SWIM SPLIT

00:33:44

20KM BIKE SPLIT

00:17:09

5KM RUN SPLIT

01:05:18

OVERALL TIME

30-34

CATEGORY

6

CATEGORY PLACING

13

OVERALL PLACING