

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Gary TALL

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:12:02

750M SWIM SPLIT

00:36:00

20KM BIKE SPLIT

00:24:31

5KM RUN SPLIT

01:17:20

OVERALL TIME

55-59

CATEGORY

7

CATEGORY PLACING

112

OVERALL PLACING