

TRI THE GONG

SWIM. BIKE. RUN.

2023 FINISHER

CONGRATULATIONS!

Stuart THOMAS

FOR COMPLETING THE SPRINT DISTANCE TRIATHLON

As part of the Wollongong Triathlon Festival 23rd April 2023

00:13:10

750M SWIM SPLIT

00:43:48

20KM BIKE SPLIT

00:28:42

5KM RUN SPLIT

01:32:35

OVERALL TIME

55-59

CATEGORY

12

CATEGORY PLACING

411

OVERALL PLACING